



KASARANAY

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The Official Quarterly Newsletter of the RDE—Extension Unit (Luna)



Hon. Eleanor B. Begtang, the District Representative of Apayao, strikes a pose with the ASC Officials.

ASC showcases S&T products in Agro- Industrial Trade and Tourism Fair at SAY-AM 2023

Apayao State College showcased S & T products during the Agro-Industrial Trade and Tourism Fair, one of the highlights of the 28th Apayao Say-Am Festival held on February 6-11, 2023 at Payanan, San Gregorio, Luna, Apayao.

The event gave opportunity for ASC trademark products to be exhibited in its own booth. Various products such as the results of the researches conducted in the Institution were displayed that included some forest seedlings grown at the clonal nursery.

Instruction, Education and Campaign (IEC) materials on the products displayed

and flyers for RDE related projects and programs were also made available. Aside from the product showcase, the College also took part in the Tekno-Klinik wherein Dr. Mirasol L. Agpuldo, the Director of Extension; Knowledge and Technology Management (KTM) presented the ASC Extension Thrust and Agenda including the SMART Apayao project. She also gave a brief discussion about the processes and services of the KTM since it has been a newly created unit in the College.

In addition, Dr. Maria Christina Z. Manicad, the Director for Research and Development(R&D) and Special Projects,

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LCDFI renews MOA with ASC for the Financial Literacy Program

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Planning Office spearheads CSO Consultation meeting



Dr. John N. Cabansag, the President of Apayao State College, welcomes the guests and participants in the CSO consultation meeting.



ASC College and Campus Officials pose with the PLGU-Apayao representatives.

To ensure smooth planning in the delivery of the targets in every unit of the College, the Civil Society Organizations (CSOs) consultation meeting in ASC Luna was held on January 23, 2023 at the EKB hall, RDE Building. It was participated by PLGU- Apayao representatives composed of Vice-Governor Remy Albano and Ms. Rebecca Mamba, the Provincial Tourism Officer of Apayao, representatives from the different NGOs and People's Organizations; ASC College and Campus Officials.

Dr. John N. Cabansag, the College President, informed the guests regarding all the programs offered by the Institution including the updates of all the on-going projects. He also mentioned of the way ASC trudges wherein health-related courses will be offered in the future along with the realization of becoming a university.

The plans and targets of the academic sector was presented by Dr. Ronald O. Ocampo, the Vice President for Academics,

Research, Development, and Extension Services while Dr. Mirasol L. Agpulto, the Director for Extension; Knowledge and Technology Management tackled about Extension Thrust and Agenda including the services offered by the KTM. Meanwhile, the Research Thrust and Agenda was presented by Dr. Maria Christina Z. Manicad, the Director for Research and Special Projects.

The summary of accomplishments and ongoing projects regarding Infrastructure was discussed by Engr. Brent Begay, the Director for Infrastructure, followed by the presentation on the Financial and Administrative Matters by Mrs. Jemarie Kotoken, the Vice President for Finance and Administration Services.

An open forum was done after all the presentations in order to address issues and concerns from the participants. The CSO consultation meeting is done yearly in the College spearheaded by the Planning Office.

BSIT launches BeLHUB in Flora



The residents of Brgy. Poblacion West, Flora show interest in learning about computers as they listened attentively.

March 21-23, 2023 saw the success of the training program with MOA signing for the Barangay e-Learning Hub held at Barangay Poblacion, West Flora, Apayao.

The activity aimed to provide basic computer skills and knowledge to participants that will enable them to use ICT tools for personal and / or professional development.

The training sessions covered various topics such as file management,

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LCDFI renews MOA with ASC for the Financial Literacy Program

The Landbank Countryside Development Foundation Inc. (LCDFI) continues to partner with the Apayao State College to provide financial literacy training to the farmers and fisherfolks in Pudtol, Apayao through a Memorandum of Agreement signed on January 31, 2023.

The Financial Literacy Program aims to improve farmers' financial management skills, agriprenuership and to improve the cooperative's capacity to deliver quality services to its members, positively giving impact to their business performances and operations.

The LCDFI has been tapping ASC through the Bachelor of Science in Business Administration since 2020 wherein the said program was launched at Kabugao, Apayao. The FLP trainings were conducted in the barangays of the municipality such as EKB, Lenneng, Luttuacan, Badduat, Dibagat, Madatag, Karagawan, Madduang, Laco, Musimut, Nagbabalayan, Paco, Magabta, Cabetayan and Poblacion.

For 2023, the program targets to train farmers and fisherfolks in the barangays of Pudtol. The FLP is also supported and assisted by the LGU of Pudtol through the Municipal



RDE Officials together with the College President Dr. John N. Cabansag seal the partnership with Landbank Countryside Inc. represented by Dr. Mary Anne P. Umayam as Project leader.

Agriculture Office.

Dr. John N. Cabansag, the ASC President, fully supports the program as this will help upskill farmers in the methodology of sound financial and income management; responsible credit

management; understand the value chain of their crop, basic entrepreneurial skills for farmers, and the importance of managing risks in agriculture.

LCDFI is a nonprofit foundation

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ASC showcases S&T products in Agro- Industrial from p1



Dr. Maria Christina Z. Manicad, the Director for R&D and Special Project discusses goals and objectives of the Research and Development Unit.

talked about the Integrated Research Projects of the College.

As part of the week-long trade fair, a technology demonstration and lecture on the production of big bites rice-mungbean enhanced cookies, sesame balls, and herb-infused salted egg were given by Dr. Leandro Alla and Mrs. Leilani Parugrug.

With the theme "Apayao @28: Celebrating continuous progress, vibrant culture, and empowered people", the said festival also featured the province's agricultural produce, arts, crafts, and scenic tourist destinations shown and participated by all municipalities and agencies of Apayao ●

Universal Healthcare & Konsulta Package tackled in Sta. Marcela and Luna

Unforeseen events led people to be unprepared for future losses specially when someone gets hospitalized. This is why it is a must for the community to be educated regarding the benefits of Healthcare Services specifically the Universal Healthcare Konsulta Package.

ASC Faculty of the Graduate School conducted a campaign in Shalom Luna, San Juan Sta. Marcela and Salvacion, Luna on March 30 & 31, 2023.

The residents of the aforementioned barangays actively participated and supported the said event showing their interest to know more about healthcare services.

Dr. Reymarie M. Caban, Associate Dean, presented the rationale of the activity and acknowledged the participants for giving their time and support to the said event.

Consequently, Mr. Nestor L. Gayagoy, MPA faculty, comprehensively explained the Universal Health Care and Konsulta Package to the participants. He emphasized the importance of securing Philhealth membership and he added the documentary requirements of securing coverage of Philhealth services. He urged the participants to secure Philhealth membership. He also reiterated that being a member is a form of security.

Afterwards, an open forum was provided for the residents to be given a chance to raise their queries which ranges from what to do in cases where a new member avails of the Konsulta Package; the kind of sickness covered by the Universal Health Care; the penalty in case a member was not able to continue his/her monthly premium. Some participants asked different situational cases and were given clear answers by the resource persons.

The representative of each barangay, the



Mr. Nestor L. Gayagoy, MPA Faculty enumerates the advantages of being a PHILHEALTH member and the benefits of the package.



Health Education campaign is held in Brgy. Shalom, Luna.

Brgy. Officials express their heartfelt gratitude to Apayao State College and Philhealth for bringing the good news to their community saying *“The information you shared is indeed very helpful to us as we will be properly guided on the guidelines of the Universal Health Care and Konsulta Package. The information will be cascaded to our constituents.”*.



Residents of Barangay San Juan, Sta. Marcela (Picture 1) and Barangay Salvacion, Luna (Picture 2) listen to Philhealth representative about Universal Healthcare & Konsulta Package.

NTFIH launched in Payanan



Dr. John N. Cabansag, ASC President, together with Mayor Josephine M. Bangsil and DOST Officials, leads the ribbon cutting ceremony in launching NTFIH.

After three days of preparation, the Natural Textile Fiber Innovation Hub was launched in Sitio Payanan, San Gregorio, Luna, Apayao on March 17, 2023. The program commenced with a blessing followed by a ribbon cutting ceremony led by the College President, Dr. John N. Cabansag assisted by Mayor Josephine M. Bangsil and some DOST officials. The launching program was attended by the members of the Board of Trustees of ASC, Municipal Mayors, Provincial Government Officials, representatives from the DTI, NCIP, DA, DOST-PTRI, DOST-CAR, DOST-PCIEERD, the CHED Regional Director and Officials and the Apayao Weavers.

The preparation took three days, to ensure a successful

program. It included repairing and testing of the NTFIH equipment; securing source of power; levelling of the ground; cleaning the floor of the facility; placing the NTFIH signage; assembling of the parachute tent in front of the NTFIH facility; installing the PVC pipe underground; placing tarpaulin in their corresponding places; and finalizing the stage decor in the Clubhouse, Apayao Eco-Tourism Complex where the program was held and in ASC-Payanan where the hub is located.

The DOST Philippine Textile Research Institute forged partnership with the Apayao State College to spread its advocacy to use natural fibers that are sustainable and readily available in nature and have advantages like low-cost,

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Dr. Ronald O. Ocampo, ASC VP-ARDES conveys his message of commitment in the launching program.



DOST & ASC Officials along with the representatives from different national agencies strike a pose during the launching of the NTFIH.



TECHNOLOGY IN FOCUS

Big Bites



Rice-mungbean enhanced cookies are perfect snacks for people who are always on the go. These can be carried anywhere and can be eaten anytime of the day.

The product, having no water in its ingredients, can have long shelf-life. Rice-mungbean enhanced cookies are food for emergencies or in any situation that requires stocking of food for a longer period.

The use of rice and mungbean flour blended with wheat flour complement each other's protein content. The combination of mungbean and rice complements each other's amino acids, the building blocks of protein.

Methionine can be found in rice which is not present in mungbean. Their complementation is best with 32g of mungbean and 57g of rice to make complete protein profile. Rice and mungbean flour enhanced cookies can address the need to provide food for emergencies and to address concerns on protein and energy malnutrition. Rice mungbean as raw materials can be processed into flour and mixed as composite flour can substitute wheat flour with best ratio at 40 percent rice flour to 35 percent mungbean flour and 25 percent wheat flour blend yielded the best in terms of appearance, taste and texture. Enhancing the procedure of cookies by adding composite flour can improve the protein and carbohydrate content of cookies.

INGREDIENTS

White Rice Flour, Mungbean Flour, All Purpose Flour, Washed Sugar, Baking Powder, Vanilla, Cornstarch, Margarine, Skim Milk, Chicken Egg, Baking Soda
**Makes 20 servings per recipe*

Nutritional Content

Energy, Protein, Fat, Carbohydrate, Sodium, Calcium, Zinc,
188 calories, 5.6 grams, 8.3 grams,
11.4 grams 97 mg, 109 mg Trace



TECHNOLOGY IN FOCUS

HERB INFUSED SALTED EGG

INGREDIENTS:

Egg (Mallard Duck)
Salt
Turmeric
Ginger
Water

PROCEDURE:

1. Wash 20 pcs. of eggs, set aside.
2. Chop/blend 250g of turmeric
3. Mix together 1 liter/kg of water, 350g of salt and chopped turmeric.
4. Mix and dissolve salt by heating.
5. Boil for 1 minute.
6. Let cool.
7. When mixture is cooled up, add egg.
8. Brine/cure for 14 days. Keep eggs submerged by putting water in ice bag ad used as weighed to the eggs.
9. After 14 days, separate eggs and the brine.
10. Put eggs in net bags, tie to keep eggs intact. Set aside.
11. Measure remaining brine. Add equivalent tap water (1:1)
12. Put brine in large stock pots. Add the eggs and boil under low fire for 3-8 hours.
13. After cooking, remove the eggs and soak in cold water for one(1) minute.

Herbal infusions offer an easy method for consuming the oils and flavors from favorite herbs. Infusion is the process of steeping (soaking) herbs in water until the water absorbs the oils and flavors for the taste or for the medicinal value.

BENEFITS OF EATING SALTED EGGS FOR BODY HEALTH

- **Very Good for Eye Health**
Salted eggs are very good and healthy for the eyes because of the nutritional content in salted eggs, especially the content of vitamin A and vitamin B which can clear the eyes.
- **Good for Skin Health**
Not only contain vitamins A and B, but salted eggs also contain vitamin E which is able to nourish the skin, protect the skin from fungi and others.
- **Prevent Anemia**
Salted eggs are also able to prevent the problem of anemia because of their high iron content which can prevent and reduce headaches.
- **Healthy Bones**
Salted eggs contain high phosphorus and calcium which are good for maintaining healthy bones in humans in carrying out various daily activities such as work and others.

GINGER FACTS:

- It is a pungent, aromatic and spicy ginger root widely known for its culinary and medicinal use.
- Gingerols and shogaols in the root are components that have disease preventing and health promoting properties.

GINGER HEALTH BENEFITS:

- Ginger claims to have anti-inflammatory, anti-flatulent, and anti-microbial properties. (www.healthline.com)
- The total antioxidant strength- highly associated to cancer prevention is 14,840µmol TE/100g.
- It contains health benefiting essential oils such as gingerol, zingerone, shogaol, farnesene, and small amounts of β-phelladrene, cineol, and ginger stimulates the salivary gland to increase salivary juice secretion in the mouth, preventing dry mouth.

Traditionally Filipinos use ginger as:

- Remedy for cold and and Flu
- Remedy for upset stomach and aids digestion
- Improves blood flow
- Kill many intestinal parasites can improve voice
- Stimulates respiratory and nervous system
- Cures morning sickness in pregnant women
- Breath freshener
- Relieves dizziness and motion sickness

TURMERIC HEALTH BENEFITS:

- Turmeric is known for its anti-inflammatory, anti-flatulent and anti-microbial properties. Curcumin, a substance found in the root gives the deep orange color to the turmeric.
- Animal studies suggested that curcumin may have anti-cancer, anti-arthritis, anti-cardiovascular disease elements.
- This herb does not contain any cholesterol and in fact it is rich in antioxidants and dietary fiber, which helps control blood LDL or “bad cholesterol” levels.
- In terms of its nutritional content, turmeric is a rich source of many essential vitamins such as pyridoxine (vitamin B6), choline, niacin, and riboflavin.
- Every 100g of herb provides 1.80mg or 138% of daily recommended levels of pyridoxine.
- Turmeric contains good amounts of minerals like calcium, iron, potassium, manganese, copper, zinc, and magnesium. Potassium is an important component of cell and body fluids that helps in controlling heart rate and blood pressure. The human body utilizes manganese at co-factor for cytochrome oxidase enzymes at cellular level metabolisms and required for red blood cell (RBC’s).
- Turmeric is one of the readily available, cheap herbs that contain notable phytonutrients profile. At 1,59,277 µmol TE/100g, its total-ORAC value or antioxidant strength is one of the highest among known herb and spice species.
- 100g of turmeric provides 53% of dietary fiber, (% of Recommended Daily Allowance, RDA per 100g)
- Just a few grams of turmeric per day either in the form of powder, crushed root or fresh root can provide enough nutrients to help you keep away from anemia, neuritis, memory disorders and offer protection against cancers, infectious diseases, high blood pressure and strokes.
- Research studies suggest that curcumin, a polyphenolic compound, found in this herb may inhibit the multiplication of tumor cells, including multiple myelomas, pancreatic cancer, and colon cancer.
- It contains health benefiting essential oils such as turmerone, curcumene, cineole and pycmene. These compounds have applications in cosmetic industry. Curcumin, along with other antioxidants, has been found to have anti amyloid and anti-inflammatory properties. Thus; it is useful in preventing or at least delaying the onset of Alzheimer’s disease.

ASC inks MOA with San Juan, Sta. Marcela for the Adopt-A-Barangay program

Another milestone in creating external linkages has been unlocked as the Apayao State College officially sealed its partnership with Brgy. San Juan, Sta. Marcela, Apayao for the “Adopt-a-Barangay” program of the College.

The signing of the Memorandum of Agreement was held at the Barangay Hall of San Juan on March 17, 2023 which was witnessed by Dr. Ronald O. Ocampo, the Vice President for ARDES; Dr. Rema B. Ocampo, Academic Dean of Luna Campus; Dr. Mirasol Agpulto, the Director for Extension and KTM and Barangay Council of San Juan headed by Hon. Esmenia Cabeliza Ven.

Dr. Mirasol L. Agpulto briefly enumerated the rationale of the program. She further explained that the



ASC forms partnership through the adopt-a-barangay program in Brgy. San Juan, Sta. Marcela.

trainings which will be given to the community will be based on the result of the Training Needs Assessment (TNA) conducted prior to the MOA signing.

Dr. Ronald O. Ocampo encouraged the community to participate in the trainings and urged the parents all the more to support ASC by

enrolling their children. He even enumerated the courses offered by the College.

Meanwhile, Dr. Rema B. Ocampo reiterated that technical experts or trainers will be composed of instructors and professors under different programs. She also seconded the call of the VPARDES to

help them encourage young people to enroll at ASC. This will lead the College to meet the minimum requirement of having a total of five thousand enrollees to achieve its journey to become a university.

Brgy. Capt. Ven expressed her gratitude to ASC for choosing their barangay to be part of the Extension Services of the College. “It will be a great help on our part and it will be more convenient especially for the housewives because they will no longer need to go outside the barangay to attend trainings”, she added.

The activity ended with a presentation of the TNA result and scheduling of activities wherein it was agreed that the top 15 trainings will be conducted every Thursdays and Fridays starting on March 21, 2023.



Brgy. Officials of San Juan, Sta. Marcela are delighted to be chosen for the adopt-a-barangay program.

BSIT launches BelHUB ... from p2

Microsoft Offices (MS word, MS Excel, MS PowerPoint), internet and email usage.

The training sessions were conducted by the technical experts from the BSIT Department of Luna Campus who are also well-versed in imparting ICT skills to non-technical users.

The trainers gave lectures, demonstrations, and hands-on exercises to ensure that the participants understood the topics covered.

Consequently, the signing of the Memorandum of Agreement (MOA) for the BelHub Project was forged between the Apayao State College and Brgy. Centro West, Flora to formally seal the partnership of the two parties in the implementation of the project.

Five computer sets were given and installed at the barangay hall which will be made available to residents and students in the community.



Partners flaunt the newly signed MOA in Poblacion West, Flora.

LCDFI renews MOA with ASC ... from p3

of the Landbank of the Philippines that embodies Landbank's commitment to spur development in the countryside particularly among its priority sectors such as the small farmers and fishers,

agrarian reform beneficiaries, countryside financial institutions, MSME's and overseas Filipino workers.



The farmers and fisherfolks of Pudtol strike a pose after receiving their Certificates of Participation for the Financial Literacy Program.

NTFIH launched in Payanan from p5

lightweight, renewable, biodegradable and with high specific properties. The advocacy started after it had been found out that cotton fibers have some adverse impact in the environment, hence the need of substitution with more environmental friendly materials, like banana and pineapple fibers.

In due course, the signing of collaborative research agreement between DOST-PTRI and Luna Weavers Association was done. A press conference was also implemented to encourage an interactive discussion. In addition, the program includes hands-on operation of the nine (9) processing equipment. DOST-PTRI, ASC, DOST-CAR identified the sustainability plans for the functionality of the establishment of NTFIH facility.

The Province of Apayao is rich in fiber producing plants such as banana and pineapple. These fibers are natural, sustainable, and easily available with good properties like low density, appropriate stiffness, and good mechanical strength. This fact necessitates the establishment of processing center of fiber plants to support the textile industry of the northern Luzon and the country as a whole. The three-day NTFIH Orientation and Training Workshop was organized by DOST-PTRI along with Apayao State College on January 18-20, 2023 at NTFIH-ASC, Payanan.

On the first day of the training activity, Dr. Maria Christina Manicad, the Director for Research & Development and Special Projects delivered her opening remarks and discussed the context of the training. Meanwhile, Mr. Charles Tristan Catangui followed by Mr. Emmanuel Victor Bunlao,



The DOST-PTRI Officials and the Luna Weavers sign the Collaborative Research Agreement at Payanan, San Gregorio, Luna, Apayao.

DOST-PTRI Staffs, gave lectures regarding Natural Fiber Extraction and Fiber Treatment Technologies, respectively.

On the second day, hands-on training on Natural Textile Fiber Treatment Technology was executed by the trainees which includes the process of woolenization, degumming, scour-bleaching & chemical softening. The trainees were accompanied and assisted by Mr. Charles Tristan Catangui and Mr. Emmanuel Victor D. Bunlao in fiber preparation and treatment step-by-step process.

Ocular visit in Handloom Weavers

Association & Posttest evaluation was done on the third day of training. Afterwards, Dr. Manicad gave her message and words of gratitude to DOST and to the trainees. Engr. Manangkil summarized the overview of the operation. The three-day training was the first step of preparation for the inauguration of the hub ●



Mr. Catangui and Mr. Bunlao, DOST-PTRI Staffs, discuss Natural Fiber Extraction and Fiber Treatment Technologies, respectively.



The trainees conduct degumming and woolenization processes.

EXTENSION BANNER PROGRAMS & PRIORITIES

A. APAYAO SUSTAINABLE AGRICULTURE FORESTRY FISHERY & ENVIRONMENTAL PROGRAM

1. Food Security through Plant Plant Plant Program
2. Mushroom production
3. Animal Health Services
4. Ornamental plants production
5. Bio-fertilizer production
6. Coffee Production Technology
7. Rice Production
8. Corn Production
9. Cacao production
10. Banana Production
11. Seedling propagation
12. Poultry and Livestock Production
13. Large and Small Ruminants Production
14. Aquaculture
15. Environment Protection and Resource Management
16. Management & Biodiversity Conservation
17. Solid Waste Management
18. Watershed Management
19. Conservation Agriculture in Forest Ecosystem (CAFÉ)
20. Vermicomposting/Vermiculture/Organic Fertilizer production
21. Fruit tree in every home
22. Environmental Protection
23. Agroforestry (Slopping Agriculture Land Technology)
24. Rain forestation Technology
25. Climate Change Mitigation and Adaptation Advocacy Campaign
26. Disaster Risk Reduction and Climate Change Adaptation in Agriculture
27. Disaster Risk Reduction and Climate Change Adaptation (SAFE Project)
28. SMART Apayao Project
29. SAPAT Project

B. APAYAO STATE COLLEGE LIVELIHOOD OPPORTUNITIES FOR VISIONARY ENTREPRENEURS (ASC LOVE)

1. Food Processing (ex. Wine making, Vinegar making, Meat Processing, Sugar Concentration)
2. Baking, Bread and Pastry, Cake and Cookies
3. Tailoring/ Sewing/ Weaving
4. Table Skirting/Table Setting
5. Ecotourism Guides
6. Financial Literacy
7. Records Management
8. Formulation of By-laws
9. Leadership and Organizational Management
10. Strengthening Market Linkage
11. Training on Marketing Strategies
12. Good Manufacturing Practice

C. CREATING OPPORTUNITIES AND INNOVATION THROUGH ENGINEERING COMPUTER TECHNOLOGY AND SKILLS (ASC CONNECT)

1. Radyo Kasaranay Program (School on the air)
2. Provision of IEC and printer materials
3. ICT Based Instructional Material Using videos
4. Advance computer literacy
5. PC servicing and troubleshooting
6. Training on Basic Construction Estimation
7. Tutorial on ICT (intermediate pupils, Junior high school, senior high school)
8. Expansion of Bellhubs (Barangay. Officials, BHW, SK officials)
9. Disaster Risk Management (Lecture on DRM, Development, Barangay Disaster Risk Development Plan, Proposal Preparation)
10. Plumbing and Sanitation (Skills Development on plumbing Installation)
11. Site Development Conceptualization (Mentoring on site Development Preparation)
12. Landscaping and pot making

D. MANAGEMENT ACTIVITY SKILLED AND TECHNICAL EDUCATORS FOR RESPONSIBLE SOCIETY

1. Health Education
2. Good Governance
3. Capability building on Action Research development
4. Leadership
5. Project proposal Development
6. Preparation of activity designs
7. MOA preparation
8. Resolution Making
9. Parliamentary procedure

E. CREATING ADVANCEMENT IN RURAL EDUCATION & EMPOWERMENT THROUGH SCIENCE- (ASC CARES)

1. Capability building on action Research Development
2. Skills training on domestic Appliance and Repair
3. Skills training on Bread and Pastry from taro, camote, ube and cassava.
4. Training on Food Processing and preservation

F. GENDER AND DEVELOPMENT

1. Capability Building through Advocacy, Gender Awareness and Sensitivity Trainings/ Seminars
2. Mainstreaming GAD in Instruction, Research and Extension programs
3. Livelihood Skills Training and Enterprise Development
4. Health and Wellness Program
5. Policy Initiatives/Change
6. Support to End-Violence Against Women and Children (VAWC)
7. Support to End Sexual Harassment

G. SOCIO-CULTURAL DEVELOPMENT PROGRAM AND ACTIVITIES

1. Indigenous knowledge System and Practices
2. Indigenous People Education

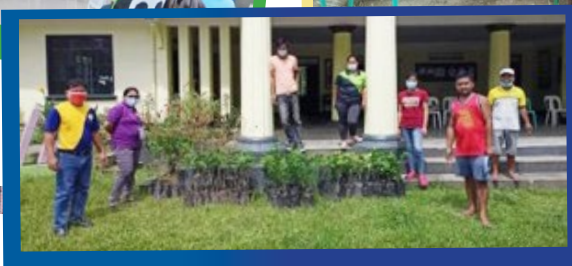
H. ADOPT-A-SCHOOL PROGRAM

1. Remedial Reading & Reaching
2. Instructional Empowerment and Improvement of student achievement
3. Livelihood & Entrepreneurial Activities
4. Capability Building for Teachers

I. ADOPT-A-BARANGAY PROGRAM

1. Gulayan Sa Barangay
2. Barangay Integrated Development Planning (BIDP)
3. Livelihood and Rural Enterprises Development
4. Community Organizing and Mobilization
5. Reproductive Health, Nutrition Education and Sanitation
6. Values Education/Formation
7. Spiritual Development
8. Literacy Training
9. Climate Change Policy Advocacy and Training
10. Disaster Risk Reduction Management Program
12. Science and Technology-Based/ Demonstration Farm
13. Environmental Management and Sustainability (Waste Management, Disaster Preparedness and Risk Management)

J. CAPABILITY BUILDING FOR FACULTY & STAFF EXTENSIONIST K. FARMERS INFORMATION TECHNOLOGY SERVICES L. MONITORING & EVALUATION



ASC HYMN

Music & Lyrics by: Dr. Orlando Batugal Sr.

Chorus:

On march here we are all A-S-Cians
One heart, One soul, One mind
With joy we bravely all stride
ASC is our pride
The future smiles on us
That's why we study hard
This is our school song
For the truth, the just, the right

Today we all stand
On ASC verdant land
It's beautiful hills and valleys
Wonderful people, rivers and trees

Onward we all strive
Thru faith and hope alive
Bring forth happy people
Undivided peaceful tribe

Forward we all march
Our vision great and bright
Nourished body and mind
Aspirations great divine

repeat chorus

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VISION

"An innovation – driven higher education institution in the Asia – Pacific region pursuing excellence in instruction, biodiversity conservation, pioneering research, and community empowerment."

MISSION

Apayao State College is committed to nurturing and developing nation builders in critical fields towards producing graduates equipped with internationally competitive innovations who can transform society for sustainable development.

CORE VALUES GUIDING PRINCIPLES

The following principles will be observed in performing institutional tasks:

- Transparent & accountability
- Synergy of efforts
- Nationalism and patriotism
- Innovativeness
- Academic excellence

QUALITY POLICY

The Apayao State College (ASC), as an institution of higher learning is totally committed to satisfying excellent education for its stake – holders empowering human resources and generating innovation-driven technologies anchored on sustainable development goals and client satisfaction.



KASARANAY

The Official Quarterly Newsletter of the
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"KASARANAY" is an Ilokano term for "brotherhood" which represents the Extension Unit's goal in partnering with various agencies and groups who are in need of trainings and assistance from the different sectors of the society.

It aims to give up-to-date information on the accomplishments of the unit including trainings and activities undertaken within the quarter.

The Extension Unit is focused on the continuing education and livelihood programs, in close coordination with the LGUs, people's organizations and other stakeholders for manpower development and entrepreneurship. It aims to empower the YApayaos, equipping them with necessary knowledge, values, skills and competencies, and entrepreneurial abilities, to promote self-reliance, greater productivity and better communities.

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